


## Silver Sneakers Class Schedule

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM	Silver Sneakers Classic Tina		Silver Sneakers Classic Jen		Silver Sneakers Classic Jen	
9:00 AM						
10:00 AM	Silver Sneakers Classic Tina		Zumba Gold Sasha	Silver Sneakers Classic Pete		Silver Sneaker Yoga Doreen
5:30 PM						
6:30 PM						

 Check out our **Fitness On Demand™**  
for MORE classes on YOUR Schedule!