

Desert

SPORTS & FITNESS

Tucson's Complete Fitness Center
 3672 S 16th Ave
 Tucson, AZ 85713
 520-791-7799
 www.desertsportsandfitness.com

Group Fitness Class Schedule
 Club Hours: Open 4am to 11pm Weekdays
 Saturday and Sunday: 7am - 2pm
 Small Group Training - Friday: 5 am - 10 pm

New Schedule as of October 15, 2018

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM-8:30AM						
8:30 AM-9:50AM						
9:00 AM				 Yezel		
10:00 AM			ZUMBA GOLD WITH SASHA			
5:00pm						
6:30 PM			 Yezel		 Yezel	
Check out our Fitness On Demand™ for MORE classes on YOUR Schedule!						