

Welcome

# Small Group & Semi-Private Training

*Please see a staff member for details*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00AM						
8:30						
9:00						
10:00	Back to Basics KK		Back to Basics KK		10:15 Back to Basics Karen	
11:30AM	DANCE MIX Darla		DANCE MIX Darla			SUNDAY
12:30pm						
4:30PM						
5:30PM						

# Renew Active

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